

# TransParenting®

moving families through change

TRANS PARENTING® is an educational program designed to teach effective parenting during the transitions of divorce or parental separation. It impresses upon parents the critical role they play in their child's ability to adjust to changes surrounding divorce.

The seminar emphasizes each parent's responsibility to provide a *nurturing*, non-threatening environment for the child.

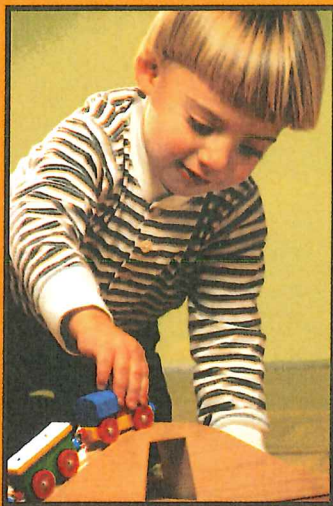
Topics include:

- ◆ Feelings associated with divorce
- ◆ Ways that children of different ages react during transition
- ◆ A parenting approach that will benefit your children
- ◆ Suggested ways for talking to children about divorce
- ◆ Other adjustments children will need to make

The course is taught by licensed professionals who have experience with children and who have been specially trained to teach this course. This is an educational program and not a counseling session. Parents will not be expected to discuss personal problems.

## Program Highlights ...

- ◆ One million parents have successfully completed the program over the last decade.
- ◆ TRANS PARENTING® is a national program operating in 40 states and 200 jurisdictions.
- ◆ Ninety six percent of family court judges surveyed state that the program "serves to lessen the negative efforts of divorce on children". (Journal of Divorce and Remarriage. 1997)
- ◆ *The National Council of Juvenile and Family Court Judges* awarded the originating program the "Unique and Innovative Project Award".
- ◆ Exit interviews consistently show high ratings. Despite being mandated to attend and paying a fee, more than 94% of parents say the program is "helpful" or "extremely helpful". 98% would recommend the program to others.



## Who Can Benefit from TransParenting®?

- Divorcing parents
- Never married parents
- Previously divorced parents who are changing custody or visitation agreements
- Custodial grandparents
- Concerned family members
- Educators, Social Workers, Therapists, Clergy and School Counselors

## Children's Rights during divorce and separation

*"I have the right ..."*

- To be told that my mother and my father will always love me.
- To be told that the family break up is not my fault.
- To be seen as a human being not a piece of property to be fought for or bargained over.
- To have decisions about me based on what is in my best interest and not on my parents' hurt feelings or needs.
- To love both my father and mother without being forced to choose or feel guilty.
- To know both my mother and father through regular and frequent involvement in my life.
- To have the financial support of both my mother and father.
- To be a child and not asked to lie, spy or send messages between my parents.
- To be allowed to have affection for new people who come into my life without feeling guilty or being pressured.

TRANS PARENTING® was developed by *Families First, Inc.*, a premier non profit organization providing critical, preventative services to strengthen and preserve families for more than 100 years.



# Co-Parenting Experience

Formerly known as "TransParenting®," Co-Parenting Experience, is an educational program for separating and divorcing parents. This class is made to assist parents through painful family transitions with the focus of minimizing parental conflict, decreasing stress on children, and promoting resilience for all. Participants are presented with effective communication tools and vital information on child development to help build a healthier co-parenting relationship...even when it feels hopeless.

This class is a one time, 4 hour, educational class. It is currently available on the first and third Saturday of each month. The class is, currently, presented by licensed presenters: Jesse Harris, Juanita Hooper, and Julie Christensen.

To register, please visit [www.coparentingexperiencebillings.com](http://www.coparentingexperiencebillings.com) for current phone number or "contact us" option to send an email.

**Class fee:** \$75, due one week prior to class; cash, credit, debit, or check

**Location:** Walla Walla University  
School of Social Work, Billings 2520  
5th Ave. S., 59101

**Time:** 1st and 3rd Saturday of each month, sign in begins at 8, classes are from 8:30-12:30

**Registration details at:**

[coparentingexperiencebillings.com](http://coparentingexperiencebillings.com)

## Children's Rights (during divorce & separation)

### "I have the right to:"

- \*Be told that both of my parents will always love me.
- \*Be told that the family break up is not my fault.
- \*Be seen as a human being not a piece of property to be fought for or bargained over.
- \*Have decisions about me based on what is in my best interest and not on my parents' hurt feelings or needs.
- \*Love both of my parents without being forced to feel guilty or choose.
- \*Know both of my parents through regular and frequent involvement in my life.
- \*Have the financial support of both of my parents.
- \*Be a child and not asked to lie, spy, or send messages between my parents
- \*Be allowed to have affection for new people who come in to my life without feeling guilty or being pressured.

## Who can benefit from this class?

- Divorcing Parents
- Never married parents
- Previously divorced parents who are changing custody or visitation arrangements
- Custodial grandparents
- Concerned family members
- Educators, Social Workers, Therapists, Clergy, and School Counselors